

# Sound Healing

"I never slept so well"  
Janet D.

"I feel so well  
and healthy,  
all I did was  
just receive. I  
didn't want it  
to end."

Peggy W.

"My mind almost never  
gets quiet, but this was  
so easy. I am  
completely refreshed.  
Thank you."

Paula L.

with

**Tricia McDonald**

Sunday Mar 7, 2010

6:30 - 7:45pm

Let go of your stress and anxiety by being immersed into Tricia's sound healing meditation. Come experience Tricia McDonald, the Director of Open Heart Yoga, as her powerful voice, thumping native drums and singing crystal bowls take you into loving realms of peace and wholeness. You will leave feeling harmonious vibrations tingling everywhere and a profound sense of well being.

send check to  
"Eyes of the World"  
69 Chestnut Rd.  
N Kingstown, RI 02852  
or drop off at studio

**\$17 if registered by Feb 5,  
\$20 after, details at  
[Innerhappiness.com](http://Innerhappiness.com)**